



Nishan Sahib

It shows a Khandera – a double-edged sword and the symbol of God's power; a Chakra – a circle which symbolises God's infinity; and 2 Kirpans – swords to symbolise power to defend truth.



Kesh

Kesh is the Sikh practice of not cutting hair. A Turban is worn by Sikh men over their hair.



The Five Ks

The Five Ks are Kara, Kirpan, Kanga, Kesh and Kachera. Kara, Kirpan and Kanga are a steel wrist band, sword and comb. The 5 Ks taken together symbolise that the Sikh who wears them has dedicated themselves to a life of devotion and submission to the Guru.



Gurdwara

A Gurdwara is the place where Sikhs come together for congregational worship. The first Gurdwara in the world was built by Guru Nanak in 1521-2 at Kartarpur. The literal meaning of the Punjabi word Gurdwara is 'the residence of the Guru', or 'the door that leads to the Guru'.



Guru Nanak

Guru Nanak is the founder of Sikhism. Guru means 'Teacher'. Sikhism is still based on his teachings and those of the nine Sikh Gurus who followed him.



Vaisakhi (Sikh New Year festival)

It marks the start of the Punjabi New Year, but it is also a day to celebrate 1699 – the year when Sikhism was born as a collective faith.



The Big Bang theory

According to the Big Bang theory, about 13.8 billion years ago the whole Universe was a very small, extremely hot and dense region. From this tiny point, the whole Universe expanded outwards to what exists today.



Galaxy

A cluster of billions of stars, held together by gravity.



Faith

When you have faith, you trust or believe in something very strongly. A faith is a particular religion, for example Christianity, Buddhism, Islam or Sikhism.