

RSE Progression at Wood End Park Academy

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<i>Relationships</i>	<ul style="list-style-type: none"> • Taking turns • How to be kind to others • Respect to adults in authority - such as school • Importance of seeking and asking permission - hugs and holding hands 	<ul style="list-style-type: none"> • Members of family • Consideration to other people's feelings • Courtesy and manners 	<ul style="list-style-type: none"> • Expression words to communicate with others • Respecting others • Importance of truthfulness in a relationship 	<ul style="list-style-type: none"> • How to practise honesty with others around them • Families provide stability, security and love • Respecting others who are different to themselves (GRADES)* • Respecting those in the wider community 	<ul style="list-style-type: none"> • Characteristics of a happy family life - love, care, protection • Different families that can be seen in the world • Importance of family on children's security • Marriage is a legal relationship between 2 people • Types of bullying (bystanders, participants, instigators) 	<ul style="list-style-type: none"> • Importance of friendships and how to recognise healthy relationships • Characteristics of mutual friendships • Resilience in friendships and conflict resolution • How to recognise who to trust and reciprocate that trust • Self-respect importance for own perception • Stereotypes and how negative this can be 	<ul style="list-style-type: none"> • how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed. • Practical steps on how to improve and support respectful relationships • Importance of seeking and asking permission - any uncomfortable situations 	<ul style="list-style-type: none"> • Importance of self-respect in maintaining healthy relationships with others • Importance of seeking and asking permission - sexual context
<i>Safety</i>	<ul style="list-style-type: none"> • Understanding that people are allowed to have boundaries 	<ul style="list-style-type: none"> • Saying 'no' and the power of this • How to set boundaries • the rules and principles for 	<ul style="list-style-type: none"> • the importance of permission-seeking and giving in relationships with friends, 	<ul style="list-style-type: none"> • Online safety and how people sometimes behave differently online, 	<ul style="list-style-type: none"> • How to get help when bullying is happening and proper protocol (ie. safeguarding) 	<ul style="list-style-type: none"> • Critically consider their online friendships and sources of information including 	<ul style="list-style-type: none"> • How to say 'no' in situations that they recognise is uncomfortable and who to 	<ul style="list-style-type: none"> • How to stay healthy and when to see a doctor • Consent • Illegal sexual activity before

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		<p>keeping safe online</p> <ul style="list-style-type: none"> • A person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. 	<p>peers and adults.</p> <ul style="list-style-type: none"> • School systems in place for the safety (eg. fences, alarms, fobs, DBS checks etc.) • Vocabulary to report concerns or abuse 	<p>including by pretending to be someone they are not.</p> <ul style="list-style-type: none"> • how to recognise online risks, harmful content and contact, and how to report them. 	<p>team and process)</p> <ul style="list-style-type: none"> • concept of privacy; including that it is not always right to keep secrets if they relate to being safe. 	<p>awareness of the risks associated with people they have never met.</p>	<p>express these concerns to (in relation to safeguarding)</p>	<p>16 years old</p> <ul style="list-style-type: none"> • Upskirting and sexual images (sexting) is illegal - keeping with current events
Sex Education	PANTs Private parts stay private					<ul style="list-style-type: none"> • Female menstruation (science perspective) 	<ul style="list-style-type: none"> • Personal hygiene during puberty • Changes of human body during puberty 	<ul style="list-style-type: none"> • Conception (links to lifecycles)

*GRADES refers to protected characteristics but not limited to:

- G = gender
- R = race
- A = age - Year 3 and 4
- D = disability - Year 3 upwards
- E = ethnicity
- S = sexual orientation (within Votes for Schools topics)

Protected characteristics also includes:

- gender reassignment (within Votes for Schools topics)
- being married or in a civil partnership
- religion or belief - throughout school (also through RE)



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Taught within RSE and **Taught within PSHE**