

# WEPA Physical Education Key Vocabulary

Words to remind us of our sport/activity to help us during PE lessons.

Year 1-*Gymnastics/Multi Skills/Dance/Football /Cricket/ Athletics/ Striking & Fielding*

- Throwing**
- Balance**
- Eye Co-Ordination**
- Movements**
- Catching**
- Dismount**
- Warm up**
- Music**
- Listen**
- Bat and ball**
- Hitting**
- Kicking**
- Speed**

Year 2- *Gymnastics/Multi Skills/Dance/Football/ Basketball/Tennis/ Cricket/Athletics/Striking & Fielding*

- Balance**
- Agility**
- Co-Ordination**
- Posture**
- Space**
- Striking**
- Travel**
- Sequence**
- Racket**
- Javelin**
- Shot Put**

Year 3- *Gymnastics/ Tennis / Dodgeball/ Hockey/ Tag Rugby/ Netball/ Athletics/ Football/ Rounders/Cricket*

- Sequence**
- Aim**
- Court**
- Dodging**
- Apparatus**
- Striking**
- Backward pass**
- Pivot**
- Discus**
- Spatial awareness**

**Year 4- Dance/Tennis/Dodgeball/Handball/Gymnastics/Basketball/swimming/Athletics/Cricket**

- Routine
- Backhand
- Teamwork
- Positioning
- Stretching
- Conditioning
- Front Crawl
- Vortex
- Batting

**Year 5- Swimming/Gymnastics/Netball/Handball/Cricket/Hockey/Athletics**

- Backstroke
- Rules
- Footwork
- Driving
- Push pass
- Tilt
- Stamina

**Year 6- Gymnastics/Football/Dance/Netball/Badminton/Basketball/Fitness/Hockey Cricket/Athletics**

- Match Positions
- Replayed ball
- Shuttle Cock
- Testing
- Recovery
- Bowling
- Accuracy
- Evaluation
- Performance
- Competition