

Key Vocabulary to remember!

These words can remind you and help you improve in: Cricket, multi skills, basketball, Netball, Tennis and many more

-Throw

-Ready hands

-Bend

-Underarm

-Ready hands

-Overarm

-Eye co-ordination

-Hitting the ball

-Release

-Rolling

-Jumping

-Running

-Speed

-Direction

-Hopping

-Skipping

-Ball

-Bat

-Tee

-Racket

-Fast

-Stop