

Whole School Netball Overview	
Year 1 (Taught under invasion games)	<u>Passing</u> I can pass a chest pass. Eyes on ball, W shape hands behind ball, soft loose fingers, clamp fingers around ball when ball hits hands. Head looking up at the direction which they through. <u>Foot work</u> I understand that I can't move with the ball.
Year 2 (Taught under invasion games)	<u>Passing</u> I can use a bounce pass - W shape with hands, Step in to pass, push ball down and out. I can use a shoulder pass 1. Control the ball with both hands and bring it up to shoulder level 2. Hand behind the ball with your fingers spread 3. Step into pass move (opposite foot to arm) 4. Aim your fingers in the same direction as the pass <i>Remember: throw from your shoulder to your partner's shoulder</i> <u>Footwork</u> To introduce the term footwork.
<u>Year 3</u>	<u>Passing</u> Revise the different type of throwing e.g. chest, shoulder and bounce. I can pass with control and in the right direction. <u>Footwork</u> I can identify my landing foot. I can't move after catching the ball. I can understand how to pivot- you cannot move the foot you landed on until you've passed the ball, but can move your second foot around in a circle. <u>Shooting</u> I can shoot accurately from different parts within the semi-circle. Non-shooting hand supporting ball on side, bend knees and as you jump release ball, by flicking wrist, push ball up and out

Year 4	<u>Passing</u> To understand how to take a side line pass. To remember the 4 main passes in netball (and signalling) <u>Footwork</u> To practise footwork with balancing on second foot. To understand the rules about footwork. <u>Shooting</u> 1. Stand in a balanced position facing the goal 2. Ball held high above head (away from defenders arms) 3. Ball sits on one hand (fingers) with other hand supporting 4. Bend your knees and elbows keeping your hands high and focus on the goal. Keep your shoulder still 5. Extend knees and elbows and flick the ball off your fingers - push the ball high to allow it to fall into the net 6. End the shot with arms high and hands following the ball into the net 7. shoot from further distances and different angles <u>Defending and attacking</u> I can practice my dodging skills e.g. double dodge (dummy going one direction, then change to other direction and sprint off) I can mark my opponent (standing to the side position) To understand how to mark and signal. <u>Rules</u> I can understand the positions in netball. To know where the different parts of the netball court are.
Year 5	<u>Passing</u> To revise the skills of throwing, catching and passing accurately. To decide when to use each type of pass to use e.g. shoulder, chest, overhead or bounce. <u>Footwork</u> To improve landing and pivoting touches floor. To understand you can't move your landing foot and which foot you can turn around with.

	<u>Shooting</u> To improve accuracy of shooting in a game situation with a partner marking you. To ensure you are always a metre away from your partner when you mark them. To use the 3 second rule for passing and shooting. <u>Defending and attacking</u> To use the triple doge and fake dodge to outwit you partner. To understand that you can't put your hand out over a player. Non-contact sport. To participate in a game with the full rules. To understand where you can and can't go in a game depending on your position.
Year 6	<u>Passing & foot work rule</u> To be able to perform fundamental netball passing and handling skills. To be able to perform these in a small sided game to maintain ball possession & begin to outwit opponents. To develop an understanding and knowledge of the basic footwork rule of netball. <u>Creating space/outwitting opponents</u> To be able to outwit opponents using learnt skills and techniques. To understand the importance of 'getting free' order to attack. To develop their understanding of strategic and tactical play to beat and outwit an opponent. To develop understanding of netball rules and court positions. <u>Attacking play/dodging</u> To be able to move accurately into a space to receive a well-timed pass. To perform skills in a small sided game making decisions about how best to advance on opposition. To explore ideas, concepts of attacking play when in space and with ball possession. Identify individual and team strengths and areas for improvement. <u>Shooting</u> To develop their understanding and knowledge of where on the court shooting can take place. To accurately replicate the technique for a correct shooting. <u>Defending/positional awareness</u> To be able to identify the distinct roles of each playing position and the areas permitted. To confidently describe the rules and laws regarding

	contact. To be able to outwit opponents using learnt defending skills and techniques. To develop the skill of anticipation in a game situation.
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