



**Wood End Park
Academy**

Year 1

Autumn 1 DT






Fruit Salad

Intent of the unit:

During this unit, students will be exploring fruits and vegetables. From their research and own observations they will develop the ability to describe the texture, properties and appearances of the fruit and vegetables. Children will learn the importance of eating fruits and vegetables and the role it has to play in having good health. Students will then develop and design a fruit salad by generating a healthy shopping list. The students will then create their fruit salad using a range of tools and equipment in order to complete the skills of washing, peeling, slicing, cutting and squeezing to create their fruit salad. Finally, the children will evaluate their fruit salad against the success criteria created.

Lesson 1- LQ: Can I describe the properties, texture and appearance of fruit?





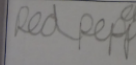
Describe the different fruits using WOW words. Think about the texture and appearance as well as the taste.

	The banana is yellow And tasty.
	The grapes are sweet And yummy.
	The orange is sweet And it orange.
	The apple is sweet And green.
	The mango is Very colorful And sweet.

3

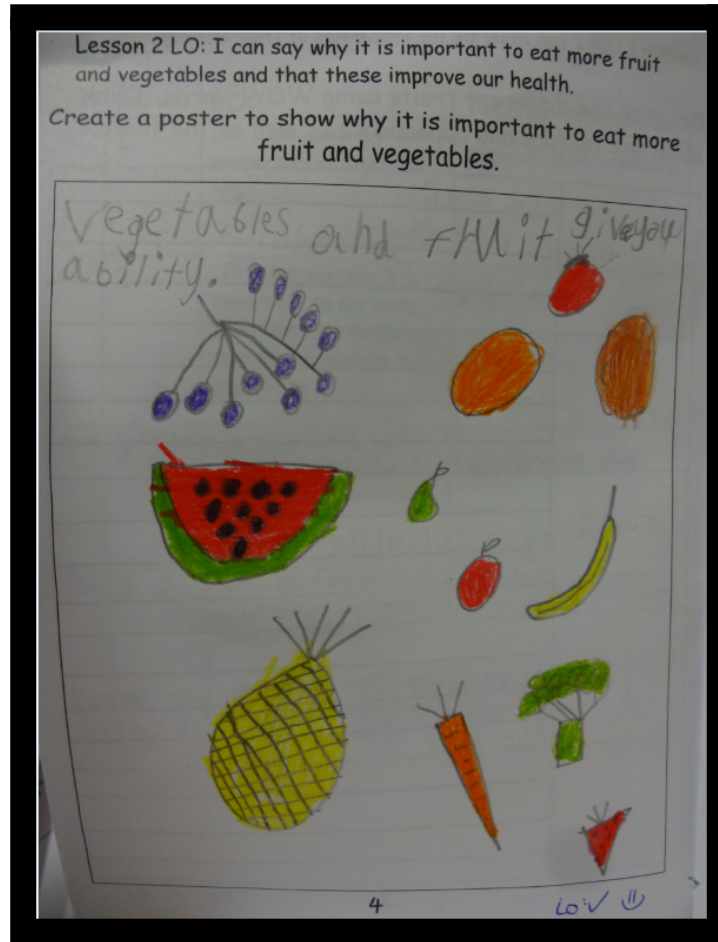
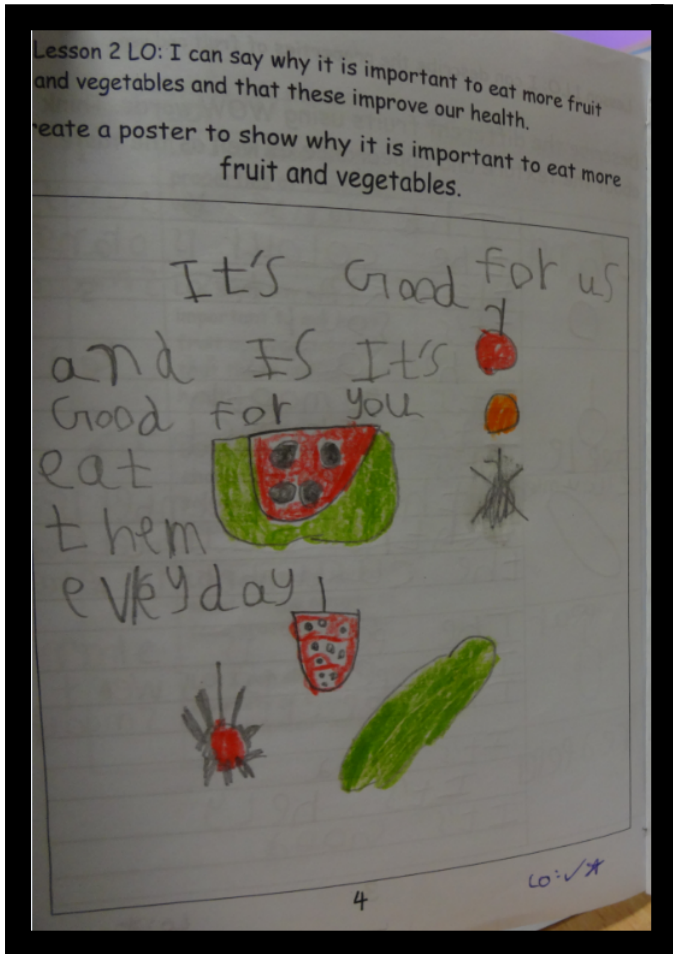
Lesson 1 LO: I can describe the properties of fruit and veg.

Describe the different fruits using WOW words. Think about the texture and appearance as well as the taste.

orange 	The orange feels juicy. You can just squeeze the orange to make juice.
apple 	The apple has a green leaf. It taste so delicious when you eat it is so sweet.
cucumber 	The cucumber is healthy. The cucumber feels hard. It has green skin.
pear 	The pear is sweet. The pear has a little seed.
Red pepper 	The pear is juicy. The pepper is red. The pepper is sour.

3 Lo:*

Lesson 2 - LQ: Can I say why it is important to eat more fruit and vegetables? Do I know that these improve our health?



Lesson 3- LQ: Can I design and choose the ingredients to use in my own fruit salad?

Lesson 3 LO: I can design and choose the ingredients to use in my own fruit salad.

PLANNING

❖ Design our fruit salad. Which fruits will you use in your fruit salad?

Shopping List

Apples

pears

oranges

❖ Draw and label the fruits you will use.



Lo: ✓

Lesson 4- LQ: Can I say how to use a variety of simple tools and equipment safely?

Lesson 4 LO: I can say how to use a variety of simple tools and equipment safely.

- ❖ Write some instructions to help you make your fruit salad.
- ❖ Explain how you will use the equipment safely

Equipment list

fruit-orange

knife

skewer

fruit/kebab

kebab. ✓

Instructions

*first we wash
our hands next
we peel the
fruit then we
put it on the
skewer finally eat it

Lesson 5- LQ: Can I use a number of food processing skills, including washing, cutting, peeling, slicing and squeezing?



Lesson 6- LQ: Can I can evaluate my own work?