



Reception Spring Newsletter

What will my child be learning?

This term in Reception, the children will be learning about "People Who Help Us." This topic will help them understand the important roles people play in our community and how they help to keep us safe, healthy, and happy.

We will be exploring different helpers such as doctors, nurses, teachers, police officers, firefighters, and family members. Through stories, role play, discussions, and creative activities, children will learn how these people help us in our everyday lives.

Children will have opportunities to:

- Talk about people who help them at home and in school
- Dress up and role-play different community helpers
- Listen to stories and share their own experiences
- Learn about kindness, caring for others, and working together

This topic supports the children's communication skills, personal and social development, and helps them build an understanding of the world around them. We will hopefully have a doctor, the police and firefighters visiting us to talk about their work.



How can you help your child at home?

Supporting your child's learning at home can make a big difference, and it doesn't need to be complicated. Simple, everyday activities help children build confidence and key skills.

Here are some easy ways you can help at home:

Talk and Listen

Encourage your child to talk about their day. Ask simple questions and listen carefully to their answers. This helps build language and confidence.

Read Together

Share stories every day, even for a few minutes. Talk about the pictures, predict what might happen next, and encourage your child to join in with familiar words.

Practise Numbers

Count everyday objects such as toys, stairs, socks, or snacks. Look for numbers when you are out and about.

Encourage Independence

Let your child try things for themselves, such as getting dressed, tidying up toys, or setting the table. Praise their efforts.

Play and Explore

Learning through play is very important. Drawing, building, role play, and outdoor play all support your child's development.

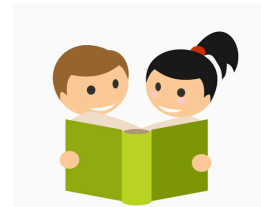
Positive Praise

Celebrate effort, not just success. Kind words and encouragement help children feel confident and ready to learn.

Reading is a very important part of learning in Reception, and our aim is to help children develop a love of books from the very beginning. Through daily story time, phonics sessions, and shared reading, children are learning to listen to stories, talk about pictures, recognise sounds, and begin to read simple words. Reading supports language development, imagination, and confidence.

How parents can support reading at home:

- Read with your child every day, even for a few minutes
- Talk about the pictures and characters in the story
- Let your child retell the story in their own words
- Encourage them to spot letters and sounds they know
- Make reading fun and relaxed





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Why good attendance matters in Reception.

Good attendance is very important as it helps children settle into routines, build friendships, and develop confidence in their learning.

Every day in school gives children opportunities to:

- Learn through play and exploration
- Develop language and social skills
- Build strong routines and independence
- Feel secure and part of the school community

We understand that young children may sometimes feel tired or anxious, especially at the start of the year. However, being in school every day helps them feel happier and more confident over time.

How parents can help:

- Establish a calm morning routine
- Aim for early bedtimes on school nights
- Encourage your child with positive talk about school
- Arrange appointments outside of school hours where possible
- Let us know if your child is feeling worried – we are here to help

If your child is unwell, please inform the school as soon as possible. Otherwise, we encourage children to attend every day so they don't miss out on important learning and social experiences



Important Reminders

As we continue to support the children in settling into school routines, we would like to share a few helpful reminders. Your support makes a big difference—thank you!

Coats, water bottles and bags

Please ensure your child brings a coat every day, as we go outside in most weather. Children should also bring a named water bottle and their school bag each day.

Labelling belongings

Please make sure all items are clearly labelled, including coats, jumpers, water bottles, lunch boxes, and bags. This helps us return items quickly and avoids mix-ups.

Being on time

Arriving on time for drop-off and pick-up is very important. It helps children settle calmly into the day and feel secure at the end of the school day. Thank you for helping us keep routines consistent.

Toilet expectations

We encourage children to be as independent as possible when using the toilet. Please support your child at home with wiping, flushing, and handwashing, as staff can only provide limited assistance.

Eating independently

At snack and lunchtime, children are encouraged to feed themselves. Please provide foods that your child can manage independently and continue practising these skills at home.

These small steps help build independence, confidence, and smooth routines for all children. Thank you for your continued support and partnership.