



www.brilliantparents.org

Are you the parent of a teenager experiencing any of the following challenges?

- **School Refusal**
- **Persistent disruptive behaviour in school**
- **Alienation from family members or peers**
- **Vulnerability due to additional needs**
- **Involved in substance misuse**
- **Social, emotional or mental ill health**

Parent Champion's offer non-judgemental support, over six weekly check-ins for up to an hour via a phone/zoom chat, at a time that suits you.

Parent Testimonials:

My Parent Champion is very helpful in giving advice whenever I need it. She is understanding and empathetic over tough situations.

My relationship has improved with my daughter. We used to argue like cats and dogs, and now we laugh, hug, joke and talk to each other.

If you need help or someone to talk to and you have a parent champion, you can get the advise and support that you need to make positive changes.

Please call **07495 024 449** for further information.

Or click on the link below

To request parent champion support, click [here](#)